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On Christ The Solid Rock I Stand by Pat Kennedy MPS

Once sitting on a tram there was an elderly lady - untidy, shabbily dressed, sitting alone and staring at the floor. A little girl climbed aboard with her mother, they sat opposite the lady. Eventually the child, after staring at her for a short while, slid past her mother and stood beside the lady. She lay her hand on the woman's arm and looked into her face. "I've got a Grandma at home," she said, " I love Grandmas".

Tears filled the lady's eyes, she pulled her arm away saying, "Go away, don't touch me, you are too nice!"

But the little girl did not go, she came even closer and as her mother smiled, she said to the old woman, "I love grandmas."

The old lady's face was then covered in tears, she smiled, held out her hand and kissed the little girl's hand. All around saw the change in her, transformed by a small child's touch!

How much greater for us is the change when Jesus touches us

He touched the leper who then became whole and strong! A blind man left Him able to see all beauty and glory around him, a crippled man was healed and left Jesus, walking, running and praising God. Many will say that miracles do not happen today, but Jesus tells us that He touches us, heals us through the Holy Spirit, greater than physical miracles of years ago.

Through the Holy Spirit, hearts and lives are changed.

Skyscrapers begin by being built below ground. The Christian life is built on the foundation of Christ: *On Christ the solid Rock I stand (*1 Cor 3:11 Matt7:24-27)

When we are touched the world sees a difference. How many times do we look back on our lives and remember the times we have been blessed to forgive and love ourselves and others. Thank God and others for guiding us on a safe path, being brave enough to tell others what God (my dad) has done for me.

Using a journal to record who I am / was / and now am becoming.

Where do I bring about change?

Where was I before. Where am I now?

Where do I long to be? Who is guiding me?

Pat Kennedy MPS