
APRIL 2025

Monthly Prayer Guide

LSM's

For the use of the new technologies
that respect the rhythms of nature



**LAUDATO SI'
MOVEMENT**
Catholics for Our Common Home



Editorial *** *** **page**

The Paschal Triduum leads us through Christ's Passion and Death to the radiant joy of the Resurrection. Easter renews our hope—light overcomes darkness, love conquers fear, and life is restored. Just as Christ rises, we too are called to renewal, embracing creation with gratitude and care.

This prayer guide, for individual or collective use, offers reflections and testimonies from our global family to **pray, contemplate, reflect, and act** for our common home.

This year, we celebrate the **10th anniversary of Laudato Si'**, our movement, and **800 years of the Canticum of the Creatures**—milestones that remind us to live in harmony with creation.

Guided by the **Pope's prayer intentions for 2025**, we seek the courage to act, the strength to love, and the hope to build a better future. May the joy of the Resurrection inspire us to be living signs of God's love for all creation.



*** *Hear Creation's Song* ***

Monthly intention

For the use of the new technologies that respect the rhythms of nature

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Quote of the month

“All it takes is one good person to restore hope! The biblical tradition clearly shows that this renewal entails recovering and respecting the rhythms inscribed in nature by the hand of the Creator.” LS 71



Courtesy: www.paradisevietnam.com
Halong Bay was shaped over millennia by the patient rhythm of wind and water. This natural masterpiece reminds us that technology, like nature, must follow sustainable rhythms.



For a just, habitable and sustainable common home ***

By Br. Daniel Castellanos Velasco, MsPS

Merciful God and Creator of all,
We praise You for the gift of the earth,
home to so many forms of life
The common home of peoples, cultures,
and species
We have made it an unjust place
where some consume and pollute more
than others, and
the poorest face the greatest impacts of
climate change.
Therefore, we ask You to help us achieve
climate and ecological justice
So that no one takes for themselves what
belongs to all,
that we may share the world's goods
equitably, and live simply
so that we may bear witness that the earth
is the sister and mother of all.
Help us to respect its rhythms of
regeneration, so that it may sustain all
living beings both in the present and for
future generations.
Amen.





Hear Creation's Cry



Monthly reflection to deepen our eco-conversion

My journey into Laudato Si' as an Animator:

Sister Cristita de Leon, MSSC, Missionary Sisters of St. Columban,
Laudato Si' Animator, Mandalay, Myanmar

I am Sister Cristita de Leon, a Filipina Columban Missionary serving in Mandalay, Myanmar, since 2015. For five years, I engaged in interreligious dialogue by teaching English in a Buddhist monastery, fostering understanding and solidarity between faith communities. However, when the COVID-19 pandemic struck, my mission took a new and unexpected direction—one that would deepen my commitment to caring for our Common Home.

A Personal Awakening: The Wounds of Environmental Destruction

In 2020, I became a Laudato Si' Animator, a journey that prompted me to re-examine the painful reality of my own family's history. In 2001, a flood-control project initiated by our local government altered the course of a river, devastating our agricultural land. What had once been a fertile source of livelihood for generations was buried under layers of sand, leaving my family powerless and resigned to our fate. At the time, we did not question what had happened—we simply endured.

But as I deepened my understanding of the ecological crisis, I saw our personal loss reflected in a much larger, global reality: human actions—driven by neglect, greed, and short-term interests—were inflicting irreversible damage on the Earth, uprooting lives, and severing people from their ancestral lands. This realization ignited in me a renewed sense of mission.



Responding to the Cry of the Poor and the Cry of the Earth

In August 2022, our missionary community responded to the Bishop's urgent call to assist families displaced by war in Myanmar. These families had lost everything—homes burned to the ground, livelihoods destroyed, and future's uncertain. As I listened to their stories, I recognized echoes of my own family's suffering. We shared a deep, painful bond: the experience of being uprooted, of losing the land that had sustained us.

In this moment of profound connection, I felt called to act—not only by providing comfort but by **empowering these families with knowledge and hope**. I introduced them to **Laudato Si'** and the idea of cultivating organic gardens—a **tangible way to reclaim life from loss, to heal both the land and the soul**. With limited resources, the parish could only provide midday meals for about 600 people, but by nurturing the soil, we could take steps toward food security, sustainability, and dignity.

Building Resilience: A Community Rooted in Hope

As we journeyed together, something extraordinary began to unfold. Beyond the struggles of displacement, we were building something new—a resilient community bound not just by suffering, but by **solidarity, faith, and the determination to rise again**.

I saw new needs emerging: the need for companionship in grief, for safe spaces to share pain, for healing and spiritual renewal. In response, we created a faith-sharing group, where people could express their sorrow, pray together, and find strength in their collective faith. Over time, these moments of worship became sacred rituals—woven into the fabric of our celebrations during the Season of Creation, Christmas, and New Year.

Photo supplied to frontiermyanmar.net

Gold mining in Kachin State, Myanmar. Illegal mining surges under military rule, stripping forests and polluting rivers with little oversight.

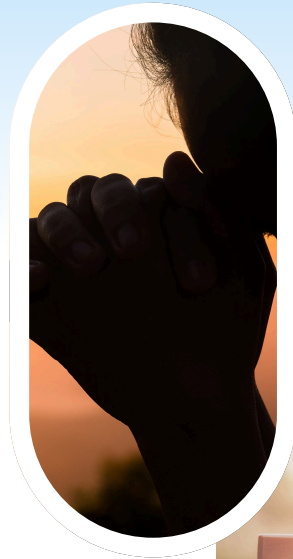


A Life-Giving Realization: Restoring Right Relationships

Through this journey, I have come to a profound realization: **we are deeply interconnected—not just with one another, but with all of creation.** Our wounds—both personal and ecological—are reflections of a greater imbalance, a fractured relationship with the Earth and with each other.

Healing must happen on every level. As we work to **restore the land**, we must also mend the **wounded human relationships** caused by conflict, displacement, and injustice. Only when we realign our lives with God's vision for creation—rooted in love, justice, and stewardship—can we truly reflect the beauty and grandeur of our Creator.

With unwavering faith, we press on, believing that even in the darkest moments, **God's grace sustains us.** We are co-pilgrims, walking this sacred journey together, committed to **healing, renewal, and the restoration of our Common Home.**



*** **Questions for**
reflection ***

- How does Sister Cristita's experience resonate with your own?
- Has *Laudato Si'* helped cultivate stronger community bonds in your context? In what ways?
- With this eco-conversion story in mind, how does this month's intention call us to use new technologies respecting the rhythms of nature?



*** **Hearing**
Creation's Call ***

This month's call to action: LSA Program

By becoming a **Laudato Si' Animator**, you're not just joining a training—you're joining the **Laudato Si' Movement**. 🌍💚

As part of this global community, you'll deepen your commitment, connect with like-minded advocates, and gain the tools to inspire real change. Together, we bring ecological conversion to life and work toward a better world.

Join us and be part of the movement!

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This prayer guide was developed with the support of Cheryl Dugan and Adrian Tambuyat from the Philippines, Sister Cristita de Leon of the Missionary Sisters of St. Columban, from Mandalay, Myanmar, Suzana Moreira, from Brazil, and the strategic work by Susana Salguero from El Salvador, design work by Marco Vargas from Ecuador, as well as work from others of the Communications team spread across the Americas and translators spread across the world.