

Programme – Lent 2025

The House of Prayer, East Molesey

www.christian-retreat.org/our-programme

‘Return to me with all your heart...’ (Joel 2: 12-18)

Longing for God: Individually Guided Retreat

Friday 14 – Sunday 16 March

Led by the House of Prayer Team

<https://www.christian-retreat.org/our-programme/longing-for-god-individually-guided-retreat-2>

A silent individually guided retreat for busy people, those who have not made a retreat before, or for anyone who needs time away to stop, breathe, and pray. A trained spiritual director will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living.

Arrive in time for supper at 7pm on Friday and depart by 3pm on Sunday.

Cost:

Ensuite: £230

Standard: £210

Stepping out in Faith: Finding the courage to walk on water

Saturday 29 March

Led by Alison MacTier

<https://www.christian-retreat.org/our-programme/walkonwater>

Our journey through Lent involves trust and courage. But taking that step is a journey towards becoming truly ourselves. We explore this theme using Scripture, reflective prayer, poetry, images and music.

Starts at 10am and finishes at 4pm. Please bring a packed lunch.

Cost: £35

Including B&B (Fri – Sat): £100

Lent Retreat: Journeying to Jerusalem

Friday 4 – Sunday 6 April

Led by Audrey Hamilton

<https://www.christian-retreat.org/our-programme/lent-retreat-journeying-to-jerusalem>

Join us for a time of silence and stillness as we journey through Lent and ponder the height and depth of God’s personal love for us. There will be times of guided reflections and space for personal and community prayer with poetry, music and Scripture.

Arrive in time for supper at 7pm on Friday and depart after lunch on Sunday.

Cost:

En-suite: £240

Standard: £220

Day guest: £110

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Quiet Morning: Abide with me

Friday 11 April

Led by Kerry Penson

<https://www.christian-retreat.org/our-programme/quiet-morning-abide-with-me>

A time for prayer, companionship and reflection as we ponder the transformative meaning of abiding in God this Lent.

Starts at 10am and finishes at 1pm.

Cost: £15

Holy Week: Individually Guided Retreat

Tuesday 15 – Thursday 17 April

Led by the House of Prayer Team

<https://www.christian-retreat.org/our-programme/holy-weekigr>

As we journey through Holy Week, this silent retreat offers a time of deeper listening to God who is present in our daily living and experiences. There will be times of community prayer. A trained spiritual director will be available for daily individual meetings to accompany you through the retreat.

Arrive in time for supper at 6pm and depart by 3pm on Thursday.

Cost:

Ensuite: £230

Standard: £210

Lectio Divina

Wednesdays, 2pm – 3pm

Led by Helen Healy

<https://www.christian-retreat.org/groups>

An opportunity to join a small group meeting at the House of Prayer. Lectio Divina is divine reading, listening to Scripture with the ear of the heart. A short passage of scripture is read slowly and meditatively. There are periods of silence, letting the words penetrate deeper in our hearts, and listening to God and to each other.

Donations welcome.

Quiet Days

Make space to listen to your life and listen to God with a Quiet Day or morning this Lent. We welcome retreatants between 10am and 4pm. You will be allocated a private room and can make use of our Prayer Room and other meeting spaces in the House and gardens. Bring a packed lunch with you. Refreshments, including tea and coffee, are available throughout the day in the Dining Room or Library. If you would like to speak with someone during your Quiet Day, we can arrange for a meeting with a spiritual director. Suggested donation: £25. For more information: <https://www.christian-retreat.org/quiet-days>

Individual Retreats

Draw aside from the noise and busyness of your daily life and experience some peace and quiet to listen to God. We offer a space for individuals to make a private retreat (catered and self-catered) throughout the year. Spiritual direction may be available upon request and should be booked in advance of your visit to ensure availability. For more information: <https://www.christian-retreat.org/individualretreat>

Group Retreats

Looking for a quiet and prayerful space to host your next parish quiet day, team meeting, or prayer group? We offer warm hospitality, meeting spaces and accommodation to suit your needs and requirements. We can also support you to find a retreat leader for your group retreat or day. For more information: <https://www.christian-retreat.org/group-retreats>