

Communion (July Reflection)

Deepest longing in all of us is to belong, to be in Communion with each other, to be known, understood, naked (Hebrew translation – Yadah) as Adam and Eve were when first walking with God.

God is a community in the Trinity, all one, no competition, each bringing their part into the whole.

We all long for someone who can fulfil our deepest needs, who knows our pain, our faults, but still loves us, a person who is part of our healing and growth and draws our goodness and potential out, who gives us the love and understanding we long for and heals us in so many ways that we are freed to give back all we receive.

This is the pattern of the image of God, the love of Christ in God what he gives us, heals us, frees us to accept and love ourselves and others and to give away what we receive.

No loving relationship comes to fullness until both are giving of self. Surrendering ourselves fully isn't easy giving someone power over us, knowing our history, mistakes and failings, etc., but also see the good in who we are, this is true relationship, based on trust and truth, no covering, naked!

Surrendering control is not easy, not to another, and not to God. We want to, we try in our own strength, but when tested, like Peter, we step back.

"If anyone says I love God but hates his brother he does not love a God he has not seen!" Jn 4: 20

When Christ is centre of our life/love we see Him in all we meet. It is only in Communion/Community that we can deepen our relationship, we learn about ourselves and are healed. In Community, family, church and in these communities bring commitment and service to self, church and community.

Parishes, clergy, change; we need a group to belong to of similar beliefs and behaviours, knowing its safe, a place to be me, to share, to know the story. Sharing faith. These groups serve the community and a wider group where they all can come and meet are like the trinity Koinonia, one together. Trinity is the true model of community, communion with one another. No one more important than the other, stepping in and out in full support, one together, biblically called the Perichoresis.

Newman said the 3 authorities of church; tradition, reason and experience, none should become dominant.

Triune God, communication bringing to communion.

Companions in community; two latin words beginning them, com with panis, bread and unity

Nourishing our minds and soul. We celebrate together, we break the bread, Jesus at the last Supper, at the feast at Cana, sharing the loaves and fishes, Jesus breaking bread at Emmaus. All show and reveal His Mercy, love, wisdom, suffering and hope.

Each sharing with Jesus as he shows His and reveals His Mercy, love, wisdom, suffering and hope.

When he prayed in the garden, he longed for the companionship of the Apostles, they let him down, but God sent the holy Spirit to inflame their hearts at Pentecost and they then became faithful to Jesus/God/and each other. The faithful of the Church, the Saints, Martyrs, inspiring us also and those we have loved who have gone before us.

Who in your life has inspired you, supported, taught, encouraged you to where you are today? Soul Friends, bringing healing?

Experiencing God directly, gifting freedom, love, able to embrace and be open to God directly, to live and to serve by my life. Matt 28: 18 - 20

The trinity are formed by mutual love of the divine persons of God, they only exist for the other, self-giving, open to each other, keeping nothing for self-love, communion, community. Feeding each other for life. This is what we receive at Mass. Fed in Word and Sacrament, in the Peace of each other, to go out and become what I have received. Only in this is unity of love being modelled for community and service, Model of Love.

Old trees slowly die releasing all their nutrients through their roots feeding young trees and growth around them. I too am called to feed and leave those behind me much stronger because I lived! This is Communion.

- To what am I being called?
- How can I be a co-creator with God?
- How can I cover myself with the love and grace of Jesus?
- How can I show God's hands and face to those around me?
- How am I open to the Holy Spirit?
- Do I call upon her Wisdom and Fire to help me act and decide courageously?
- Where am I sharing the love and calling of people together into Community?
- Is my life and behaviour enough for people to see and follow?

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