

Retreats and days, February-May 2023

The House of Prayer, East Molesey

Reimagining our Place in Creation

Saturday, 25 February 2023

Led by Alison Moulden

As wildfire, flood, drought and devastating storms evidence the increasing instability of global climates, we take a moment to pause and reflect on the still small voice of calm, which calls us to make our response, both individual and communal. We will reflect briefly on the science and climate statistics; consider 'green' biblical analysis and theology; consider what paradigms have brought us to consume Creation so carelessly; and finally explore sustainability for our churches and our lifestyles. Starts at 10am and finishes at 4pm. Cost: £30 This retreat day is offered both online and in-person at the House of Prayer.

Longing for God: Weekend Individually Guided Retreat

Friday 3rd - Sunday 5th March 2023

Led by the House of Prayer Team

A silent individually guided retreat for busy people, those who have not made a retreat before, or for anyone who needs time away to stop, breathe, and pray. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living.

Arrive in time for supper at 7pm on Friday and depart by 3pm on Sunday.

Cost: En-suite room £220, Standard room £200.

'If what my soul doth feel sometimes, my soul might ever feel!'

Saturday 25th March 2023

Led by Nicola Mason

In their poetry, George Herbert and Gerard Manley Hopkins charted the fluctuations of their spiritual lives and feelings - their experiences of intense desolation and confusion, as well as joy – with acute honesty and skill.

Together, we will explore some of their poems, and consider what help they can offer us on our own journey of prayer and relationship with God, especially when we struggle and the going is rough.

Starts at 10am and finishes at 4pm Cost: £30. Please bring a packed lunch.

From Desert to Daybreak – Exploring Lent and the coming of Easter

Friday 31st March – Sunday 2nd April

Led by Alison MacTier

As we approach Holy Week we take time to look back over our Lenten experiences and prepare for the coming of Easter using scripture, guided meditations, images and music. This weekend retreat will include regular input and prayer time together with space to reflect. Arrive in time for supper on Friday at 7pm and depart by 4pm on Sunday. Cost: En-suite: £220, Standard: £200

'Reaching Out' with Henri Nouwen

Saturday, 29 April 2023

Led by Maria Manuela Silva

You are invited to set aside a day to reflect, with the help of Henri Nouwen, on what it means to live a life in the Spirit of Jesus Christ. Authentic Christian spirituality, he writes, is a reaching out to our innermost self, to our fellow human beings and to our God, expressed and experienced as three spiritual movements: from destructive loneliness to creative solitude, from fearful hostility to welcoming hospitality and from self-deception to self-surrender to God in prayer. Starts at 10am and finishes at 4pm. Please bring a packed lunch. Cost: £30. This retreat day is offered both online and in-person at the House of Prayer.

Embodied Prayer

Friday 12th - Sunday 14th May 2023

Led by Jacqueline Evans

You are—we all are—the beloved of the Beloved, and in every moment, in every event of your life, the Beloved is whispering to you exactly what you need to hear and know. ...Listen and your whole life will become a conversation in thought and act between you and Him, directly, wordlessly, now and always. -*Rumi*

On this retreat we will be using the principles of Alexander Technique to explore ways of becoming more present to this conversation. Busyness, resistance, clinging and fears manifest as tension in the body and are obstacles to presence. We will be discovering how to release the tension and to inhabit our bodies more fully, loosening the hold of these obstacles that prevent us from hearing the promptings of love and truth in our hearts. During this retreat there will be extended periods of Centering Prayer twice a day, and plenty of time for silent reflection between teaching sessions.

Arrive in time for supper at 7pm and depart by 4pm on Sunday. Cost: En-Suite £220, Standard £200.

Longing for God: Weekend Individually Guided Retreat

Friday 19th- Sunday 21st May 2023

Led by the House of Prayer Team

A silent individually guided retreat for busy people, those who have not made a retreat before, or for anyone who needs time away to stop, breathe, and pray. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living.

Arrive in time for supper at 7pm on Friday and depart by 3pm on Sunday. Cost: En-suite room £220, Standard room £200.

Encountering the Love and Mercy of God

Saturday, 27 May 2023

Led by Sr Helen Costigane

We often hear it said that 'God loves and forgives us', but what might get in the way of truly experiencing His love and mercy? This day will look at this theme through some input, reflection and prayer. Starts at 10am and finishes at 4pm. Please bring a packed lunch. This retreat is available to attend online via Zoom and in-person. Cost: £30

Longing for God: Midweek Individually Guided Retreat

Tuesday 30th May – Thursday 1st June 2023

Led by the House of Prayer Team

A silent individually guided retreat for busy people, those who have not made a retreat before, or for anyone who needs time away to stop, breathe, and pray. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living.

Arrive in time for supper at 6pm on Tuesday and depart by 3pm on Thursday. Cost: En-suite room £220, Standard room £200.